

RESOURCES AROUND YOU WHEN YOU NEED THEM



MIRAVIDA
LIVING

During this time, it may be difficult to access things at a time that you need them most. Please refer to this list for weekly updated information on what resources are out there for you.

➤ Local food pantries:

PANTRY	LOCATION	REQUIREMENTS	HOURS	PHONE NUMBER
Oshkosh Area Community Pantry	2551 Jackson Street Oshkosh, WI	Must be resident of southern Winnebago County	Mon 2pm-5:45pm, Wed 10am-1:30pm, Fri 10am-1:30pm	920.651.9960
Omro Community Food Pantry	310 N Webster Ave. Omro, WI	Must be Omro School District Resident. Bring ID. Can receive food one per month	Tues & Thurs 9:30am-3:30pm	920.231.7546
Emmanuel United Church of Christ	1306 Michigan Street Oshkosh, WI	Bring photo ID and proof of Oshkosh residence. Can receive food once per month	Call ahead from 8am-9:30am on Tue, Wed, & Fri for pick up on same day between 9:45-10:30.	920.235.8340
Father Carr's Food Bank	1062 N Koeller Street Oshkosh, WI	None. Pre-packaged, just drive through	Fri 9am-11am & weekends 10am-4pm	920.231.2378
Salvation Army Food Pantry	417 Algoma Blvd. Oshkosh, WI	Can receive food once per month, New clients must bring ID & proof of residence (if you have children, bring their Social Security Cards). Pre-packaged, honk horn to get service.	Mon-Fri from 9am-11:30am Lunch can be picked up Mon-Fri between 11am-12:15pm	920.232.7660
Winneconne Area Assistance Center	102 South Third Street Winneconne, WI	Bring proof of residence in Winneconne School District.	Wed 4pm-6:30pm & Sat 9am-11am	920.851.5757
His Church World Outreach center	2704 Jackson Street Oshkosh, WI	Bring photo ID. Can receive food once per month	Fri 9am-1pm	920.426.4596

➤ **Miscellaneous Resources and Offers**

- **Bethel Home Community Closet**
 - Contains different items that might be useful to you in your time of need
 - Open/available 24/7
 - Located in the Bethel Home Basement across from the employee lounge
- **Free Wi-Fi offered by Charter for 60 days – began March 16th**
 - For households with k-12 and/or college students who do not already have a Spectrum broadband subscription
 - Installation fees waived for new student households
 - Call 1-844-488-8395 to enroll
- **St. Francis Community Free Walk-in Clinic**
 - Offers general medical care and some specialized for the uninsured or underinsured
 - Medical staff includes doctors, dentists, psychiatrists, nurses, and others who are all volunteers
 - Open Mon-Fri 8am-5pm
 - 1000 N Koeller Street, Oshkosh WI 54902
- **Crocs**
 - Crocs is working hard to give away 20,000 free pairs of crocs a day to healthcare workers
 - You can “get in line” on their website each day at 11am to try and get a free pair
 - <https://www.crocs.com/COVID19-REQUEST.html>

➤ **Support when you need it**

- **Miravida Living Chaplaincy Team**
 - David Rumbold: 232.5243
 - Nancy Twichell: 232.5241
 - Cathie Vander Velden: 232.5274
- **United Way Helpline**
 - A free and confidential service available 24/7
 - Call: 211
 - Text: 898211
 - Chat: 211now.org to begin an online live chat
- **United Health Care**
 - 24/7 emotional support line for members/NON-members who are experiencing stress or anxiety
 - 1-866-342-6892
 - Online resources at <https://www.liveandworkwell.com/content/en/public.html>
- **Unum Employee Assistance Program (EAP)**
 - 24/7 expert support (see posters or HR for additional details)
 - 1-800-854-1446
 - www.unum.com/lifebalance

➤ **Free educational resources for kids out of school**

- **Scholastic** - Grades k-12, several days of free stories, activities, and books
<https://classroommagazines.scholastic.com/support/learnathome.html>

- **ABC Mouse** - Ages 2-8, first 30 days free <https://www.abcmouse.com/abt/homepage>
- **Adventure Academy** - Ages 8-13, first 30 days for free <https://www.adventureacademy.com/>
- **GoNoodle: Good Energy at Home** – Grades Pre-k-5th, kid friendly entertainment that combines learning and physical activity for your child. <https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/>
- Check out free classic children's books online, including historical narratives and time-honored tales. <https://grothman.house.gov/components/redirect/r.aspx?ID=3222-659054>
- Take a virtual tour through the Library of Congress to view the Thomas Jefferson Building in Washington. <https://grothman.house.gov/components/redirect/r.aspx?ID=3224-659054>
- A general guide to LOC resources that parents, teachers and students that can be used from home. <https://grothman.house.gov/components/redirect/r.aspx?ID=3232-659054>

➤ Entertainment

- From free yoga classes to free virtual museum tours, this article is full of a wide range of free entertainment sources. Follow this link: <https://www.cnet.com/news/free-entertainment-to-help-you-survive-coronavirus-social-distancing/>
- Sling TV – free streaming every day from 5pm to midnight. <https://www.sling.com/>
- Virtual tour of the Metropolitan Museum of Art in New York. https://artsandculture.google.com/streetview/metropolitan-museum-of-art/KAFHmsOTE-4Xyw?hl=en&sv_lng=-73.9626826&sv_lat=40.780565&sv_h=265.8151689780663&sv_p=3.4706515431044096&sv_pid=80PHEI9ywlOtOlGafcrwFQ&sv_z=1.0000000000000004
- Play station offering free downloads of 2 specified games from April 15th-May 5th. <https://blog.us.playstation.com/2020/04/14/announcing-the-play-at-home-initiative/>

➤ Stay Active at Home!

- **Peloton** is an app that has tons of workouts you can do at home (no bike necessary). They are offering it free for 90 days right now. <https://www.onepeloton.com/app>
- **The Nike Training Club** app which previously cost \$14.99, is now free to download. Get access to yoga, cardio workouts, and nutrition and wellness guidance. https://www.nike.com/ntc-app?mod=article_inline

➤ Please refer to this link for continual updates on what Oshkosh still has to offer at this time.

- <https://www.visitoshkosh.com/covid-19/whats-open-in-oshkosh/>